

Ravenscote Junior School's Commitment to Wellbeing

At Ravenscote Junior School, we are committed to promoting an awareness of mental health and wellbeing for all of our school community: our children, our staff and our families. We understand wellbeing as a state of being comfortable, healthy and happy, and in which a person is able to thrive – but we also recognise that uncomfortable emotions help us to learn and grow. We strive to create an environment which has a whole school approach to providing excellent support for all individuals, as well as interventions where necessary, and to increase everyone's knowledge and understanding of their own, and others', mental health and wellbeing.

We pledge to:

Engage the whole-school community in the importance of mental health awareness.

Enrich the lives of the whole community by offering education, provision and intervention that match the needs of our community.

Excel in promoting positive mental health as “everybody's business”, whilst placing wellbeing at the heart of our school's ethos.