AUTUMN/ WINTER MENU 2026

FRESH!

NUTRITIOUS

Chartwells Schools

OUR SCHOOL MEALS AT A GLANCE

We believe school meals should be nutritious, varied and enjoyable – helping every child feel fuelled, focused and ready to learn.

Nutritious and Balanced

- ☑ Our Autumn/Winter menu provides balanced, tasty and nutritious meals for pupils
- ☑ Meals are carefully balanced with carbohydrates, protein and healthy fats to support wellbeing
- ☑ Menus offer variety, colour and familiar seasonal dishes that appeal to pupils

Fresh and Varied

- ☑ Fresh fruit and vegetables are available daily to encourage nutrient dense plates
- ☑ A wide variety of colourful vegetables are offered each week, including seasonal choices where possible

Standards You Can Trust

- ☑ All menus are developed in line with the School Food Standards
- ☑ No Food Standards Agency (FSA) prohibited additives are used in our meals
- ☑ Meat dishes meet Government Buying Standards (GBS) requirements
- ☑ Oily fish is included, in accordance with the School Food Standards

Something for Everyone

- ☑ Vegetarian options are available every day, with plant-based dishes featured across the menu cycle
- ☑ Allergy Aware and bespoke menus are available to support pupils with specific dietary needs

Healthier Choices

- ☑ Wholegrain carbohydrate options are regularly included, such as wholemeal bread, wholegrain rice and wholewheat pasta
- ☑ Ingredients and recipes meet, or are below, Public Health England targets for sugar and salt

TASTY

FRUITY!

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES — OPTION 1	BBQ Vegetable Pizza with Pesto Pasta (V)	Sweet Potato and Lentil Curry with Wholegrain Rice	Roast BBQ Quorn with Roast Potatoes, Stuffing and Gravy (V)	Vegan Meatball Baguette with Potato Wedges (VE)	Quorn Dippers with Chips (VE)
HOT DISHES — OPTION 2	Cheese and Tomato Pizza with Nut-Free Pesto Pasta (V)	Pork Meatball Sub with Herby Diced Potatoes	Roast Chicken with Roast Potatoes, Stuffing and Gravy	Chicken Tikka Masala with Wholegrain Rice	Fish Fingers with Chips
HOT DISHES — OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tuna and Cheese Panini Melt	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
DELI — OPTION 4	Egg Mayonnaise Sandwich (V)	Ham Baguette	Roast Chicken Pitta Pocket	Tuna Mayonnaise Sandwich	Tuna and Cheese Panini Melt
DELI DISHES ARE SERVED WITH MIXED SALAD					
DESSERT	Lemon Cookie (VE)	Chocolate Ice Cream	Apple Crumble with Custard	Chocolate Marble Cake	Yoghurt and Fruit

W/C: 02/11/2026, 23/11/2026, 14/12/2026, 04/01/2027, 25/01/2027, 15/02/2027, 08/03/2027, 29/03/2027

WEEK 1
WEEK 2
WEEK 3

AVAILABLE DAILY — FRESH FRUIT, SALAD, YOGHURT AND WATER

(V) Vegetarian (VE) Vegan Oily Fish Fruity! Wholegrain Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

FRUITY!

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AUTUMN/ WINTER 2026

FRESH! NUTRITIOUS TASTY FRUITY!

Chartwells Schools

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES — OPTION 1	Spicy Tomato Pasta Bake with a Garlic Doughball (V)	Chinese Vegetable Rice (V)	Quorn Roast with Potatoes, Yorkshire Pudding and Gravy (V)	Vegetable Korma with Wholegrain Rice (VE)	Quorn Dippers with Chips (VE)
HOT DISHES — OPTION 2	Cheese and Tomato Pizza with Nut-Free Pesto Pasta (V)	Chicken Tandoori with Wholegrain Rice and Chota Naan	Roast Gammon with Mashed Potato, Yorkshire Pudding and Gravy	Katsu Chicken with Wholegrain Rice	Southern Fried Chicken with Chips
HOT DISHES — OPTION 3	Cheese Panini (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Roast Gammon Pitta Pocket	Cheese and Tomato Panini (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
DELI — OPTION 4	Egg Mayonnaise Roll (V)	Tuna and Cheese Panini Melt	Cheese Baguette (V)	Tuna and Sweetcorn Wrap	Cheese Panini (V)
DELI DISHES ARE SERVED WITH MIXED SALAD					
DESSERT	Chocolate Cookie (VE)	Strawberry Ice Cream	Apple and Berry Crumble with Custard	Chocolate Fudge Cake	Yoghurt and Fruit

W/C: 09/11/2026, 30/11/2026, 21/12/2026, 11/01/2027, 01/02/2027, 22/02/2027, 15/03/2027

AVAILABLE DAILY

FRESH FRUIT, SALAD, YOGHURT AND WATER

WEEK 1
WEEK 2
WEEK 3

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AUTUMN/ WINTER 2026

FRESH! NUTRITIOUS

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES — OPTION 1	Red Pepper and Nut-Free Pesto Spaghetti (V)	Cheese and Tomato Quiche. with Herby Diced Potatos (V)	Quorn Roast with Mashed Potato, Yorkshire Pudding and Gravy (V)	Macaroni Cheese (V)	Veggie Fingers with Chips (VE)
HOT DISHES — OPTION 2	Cheese and Tomato Pizza with Nut-Free Pesto Pasta (V)	Homemade Sausage Roll with Herby Diced Potatoes	Roast Chicken with Mashed Potato, Yorkshire Pudding and Gravy	Hunter's Chicken with Potato Wedges	Chicken Parmo with Chips
HOT DISHES — OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Cheese and Tomato Panini (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Cheese and Tomato Panini (V)
	HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD				
DELI — OPTION 4	Cheese Panini (V)	Ham Sandwich	Roast Chicken Pitta Pocket	Cheese Panini (V)	Egg Mayonnaise Baguette (V)
	DELI DISHES ARE SERVED WITH MIXED SALAD				
DESSERT	Oat Cookie with Fruit (VE)	Vanilla Ice Cream	Chocolate Cookie (VE)	Chocolate Sponge with Chocolate Custard	Yoghurt and Fruit

TASTY

FRUITY!

W/C: 16/11/2026, 07/12/2026, 28/12/2026, 18/01/2027, 08/02/2027, 01/03/2027, 22/03/2027

WEEK 1
WEEK 2
WEEK 3

AVAILABLE DAILY

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