



**Destination RUN  
Coaching**

ROAD | TRACK | TRAIL



**ENGLAND ATHLETICS**

Qualified Coach



## **Ravenscote Junior School Indoor Athletics Club (Years 3-6)**

**IF YOU ENJOY ATHLETICS OR WANT TO IMPROVE FITNESS FOR  
ANOTHER SPORT?**

**WAKE UP THE RIGHT WAY AND GET ENERGISED FOR THE DAY!**

Try this fun and exciting athletics club, working on your endurance, speed, power, agility, balance, coordination and teamwork as well as boosting your physical and mental health and focus in the classroom

**Starts: Tuesday 8th September until 15th December 2026 (excluding half term)**

**Time: 7.45 - 8.30am**

**Where: Ravenscote School Hall**

**What to bring: Running kit, trainers and a drink**

**Cost: £117** for the whole Autumn term

**How to book:** Contact Brian Stopher at Destination RUN Coaching at [brian.destrun@gmail.com](mailto:brian.destrun@gmail.com)

(Please check junk mail for our responses as often our emails get sent straight to junk)

**Clubs organised and run by Brian Stopher**  
- England Athletics qualified running coach  
- Great Britain International  
- Ex-head of PE at Tomlinscote School

