



**Destination RUN**  
**Coaching**  
ROAD | TRACK | TRAIL



Qualified Coach



## Ravenscote Junior School Indoor Athletics Club (Years 3-6)

**IF YOU ENJOY ATHLETICS OR WANT TO IMPROVE FITNESS FOR ANOTHER SPORT?**

**WAKE UP THE RIGHT WAY AND GET ENERGISED FOR THE DAY!**

Try this fun and exciting athletics club, working on your endurance, speed, power, agility, balance, coordination and teamwork as well as boosting your physical and mental health and focus in the classroom

**Starts: Tuesday 14th April until 14th July 2026 (excluding half term)**

**Time: 7.45 - 8.30am**

**Where: Ravenscote School Hall**

**What to bring: Running kit, trainers and a drink**

**Cost: £117** for the whole Summer term

**How to book:** Contact Brian Stopher at Destination RUN Coaching at [brian.destrun@gmail.com](mailto:brian.destrun@gmail.com)

**Clubs organised and run by Brian Stopher at Destination RUN - GB athlete, England**

