



# Ravenscote Junior School Safeguarding Newsletter – Autumn

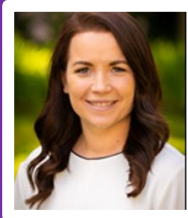


*Safeguarding is Everyone's  
Responsibility*

## MEET OUR SAFEGUARDING TEAM



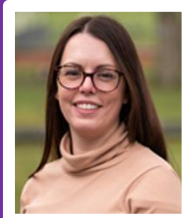
Mrs Nicholson  
Safeguarding  
Assistant  
Headteacher



Mrs Wells  
Headteacher



Mrs Brookes  
Deputy  
Headteacher



Miss Porta-Rios  
Inclusion Assistant  
Headteacher



Mrs Smye-Rumsby  
Assistant  
Headteacher



Miss Wheeler  
Assistant  
Headteacher



Mr Sage  
Assistant  
Headteacher

## What's Inside?

- Winter Safety Tips
- Be Bright and Be Seen
- Lifelines and Support Networks
- Who to Contact if you have a Concern

### Winter Safety Tips

To help stay safe during the winter months, below are a variety of websites which contain useful resources covering a variety of topics such as road safety, fire safety and safety in the cold weather, to name but a few.

[Winter Safety | Children Young People and Families Online Resource](#)

[Staying safe and well in winter | Healthy Surrey](#)

[Winter Safety Tips](#)

[RoSPA- Don't let unsafe gifts ruin Christmas: How to shop smart and stay safe](#)

[Winter driving advice: Driving in winter conditions | The AA](#)

[Seasonal fire safety - Surrey County Council](#)

## december SELF-CARE

@POSITIVELYPRESENT



# BE BRIGHT BE SEEN

THIS WINTER



## Staying Safe on the Road.

We are always mindful about the safety of our children near roads and conscious of how vulnerable they can be. At this time of year, with reduced visibility for drivers your child is even more vulnerable near roads.

With potential new bikes and scooters arriving at Christmas for some, the temptation to go out in the evening will be even stronger, so here are some safety tips that you can discuss with your child/ren to help them understand the importance of being visible when near roads.

## 5 top tips on how to **BE BRIGHT & BE SEEN**

- 1** Brightly coloured or fluorescent clothing shows up well in daylight and at dusk when you're heading to and from school.
- 2** If you're out and about when it's dark, wear reflective gear to make sure you can be seen in car headlights. Reflective vests, sashes or wristbands work well. Remember, fluorescent clothing doesn't work after dark!
- 3** Don't forget to accessorise! Even small items such as clip-on reflectors, armbands and stickers on your outfit or school bag are a great way to improve your visibility.
- 4** If you like to cycle, remember that it's the law to have clean and working lights at night (white at the front, red at the back), as well as a rear reflector. It's good to fit spoke reflectors too.
- 5** Of course, 'Being Bright' isn't the only way to stay safer. If you're out at night, choose routes and crossing places that are well lit and remember to always use the Green Cross Code.

For more road safety tips, games and videos, visit the Tales of the Road website at [www.direct.gov.uk/talesoftheroad](http://www.direct.gov.uk/talesoftheroad)

**Be Bright,  
Be Seen**

**THINK**

**Wear  
something  
BRIGHT!**

Make sure that drivers can **ALWAYS** see you when you walk or cycle...

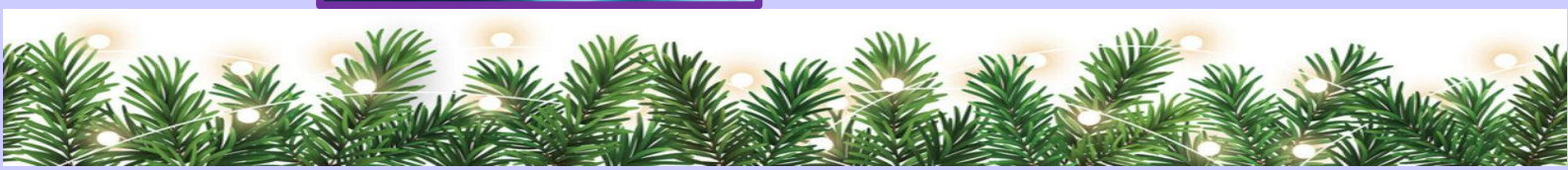


**Wear something  
LIGHT or  
BRIGHT!**



If you're a driver, remember it will be more difficult for you to see pedestrians and cyclists when it's dark. Children and others often wear dark coloured school uniform, winter coats or blazers.

In the pictures on the left, there are children in both images but which one is easier to see?



## Lifelines and Support Networks

As we approach the holidays, it's important to remember that this time of year isn't easy for everyone. While many families look forward to rest and celebration, some children may experience increased stress, loneliness, or uncertainty during the break.

Changes to routine, financial pressures at home, family tensions, or reduced access to the support they rely on in school can make this period particularly challenging. As a community, we encourage everyone to stay mindful of these pressures and to look out for one another.

Below are some helplines you can access should you require any additional support.

The [NSPCC](#) are here to help 24/7 and children can call their [Childline](#) number on 0800 1111

<https://www.ceopeducation.co.uk/parents/> Advice about how to keep your children safe online

<https://saferinternet.org.uk/> Helping children and young people stay safe online

<https://giveusashout.org/> Shout is the UK's first 24/7 text service, free on all major mobile networks, for anyone in crisis anytime, anywhere. It's a place to go if you're struggling to cope and you need immediate help. Text 85258

<https://www.annafreud.org/afc-crisis-messenger/> Anna Freud Crisis Messenger – If you need support, you can text AFC to 85258. A free, confidential, 24/7 text message support service for anyone who is feeling overwhelmed or is struggling to cope.

<https://www.educateagainsthate.com/parents/> provides practical advice and support on protecting children from extremism and radicalisation

<https://www.internetmatters.org/> Internet Matters provide age-specific online safety checklists, guides on how to set parental controls, and practical tips to help children get the most out of their digital world

[Talking to your child about online sexual harassment](#): A guide for parents – This is the Children's Commissioner's parental guide on talking to their children about online sexual harassment.

[Anti-Bullying Alliance](#) – Detailed information for anyone being bullied, along with advice for parents and schools. Signposts to various helplines and websites for further support.

Local children social care: <https://www.gov.uk/report-child-abuse-to-local-council> If you think a child or young person is at risk or being abused or neglected, contact the children's social care team at their local council. If you do not know where they live, contact your local council's team, the NSPCC or the Police for advice.

Find a food bank <https://www.trusselltrust.org/get-help/find-a-foodbank/>



**Who to contact if you are concerned about a child –**

**If you think that a child is in immediate danger you should call 999.**

If you are worried about a child's safety or wish to make us aware of a safeguarding concern, please do not hesitate to contact a member of the DSL Team on [safeguarding@ravenscote.surrey.sch.uk](mailto:safeguarding@ravenscote.surrey.sch.uk)

**Surrey Children's Single Point of Access (C-SPA)**

If you are an adult who is concerned about a child or young person's safety and wellbeing, you can contact Surrey Children's Services 'Single Point of Access' between 9am to 5pm on Monday to Friday.

Phone: 0300 470 9100 or Email: [cspa@surreycc.gov.uk](mailto:cspa@surreycc.gov.uk)

**For people with hearing or speech impairments:**

Text line: 07527 182861

**During evenings, weekends and bank holidays, the Emergency Duty Team is available:**

Phone: 01483 517898 or Email: [edt.ssd@surreycc.gov.uk](mailto:edt.ssd@surreycc.gov.uk)

**For people with hearing or speech impairments:**

Text line: 07800 000388

Text relay (a speech-to-text translation service): 18001 01483 517898

