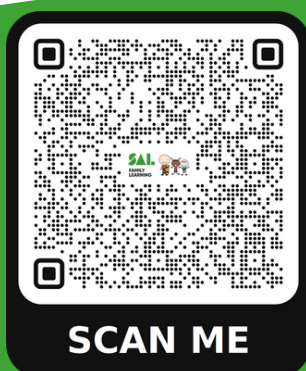




FAMILY LEARNING



Learn strategies to support your anxious child and teenager link



Family Learning Courses and Workshop for Parents/Carers Autumn 25

Support Your child`s and teenager's resilience and self-esteem and learn strategies on anxiety

For course or workshops dates, more information and to book your place please click on links or scan the QR code below

Building Your Child's Resilience



Support children and teenager's resilience and self- esteem

