



Ravenscote Junior School

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Wednesday 1st May 2024

Dear Parents/Carers,

We are pleased to announce that, as a school, we will be taking part in #WearItGreen day for the Mental Health Foundation – please [click here](#) for more information.

On **Friday 17th May** children are invited to come to school wearing mufti including something **green**. We are asking for parents to please [donate online](#) .

Mental Health Awareness Week 13-19 May 2024

The theme this year is ‘**Movement: moving more for our mental health.**’ So many of us struggle to get enough exercise, and there are many different reasons for this.

Preventing mental health problems is vital. Mental health services are already stretched beyond capacity and we cannot sit on the side-lines.

We aspire for ‘Good mental health for all’ and by taking part in our **Wear It Green Day** – you are helping us achieve this – **THANK YOU!**

By going green, you can support us in carrying out vital research and delivering programmes for different communities.

Join us for “Wear It Green Day” on Friday 17th May during Mental Health Awareness Week (13-19 May) – and let’s turn the world **green** for good mental health!

Yours sincerely,

Miss Passfield
PSHE subject leader

