

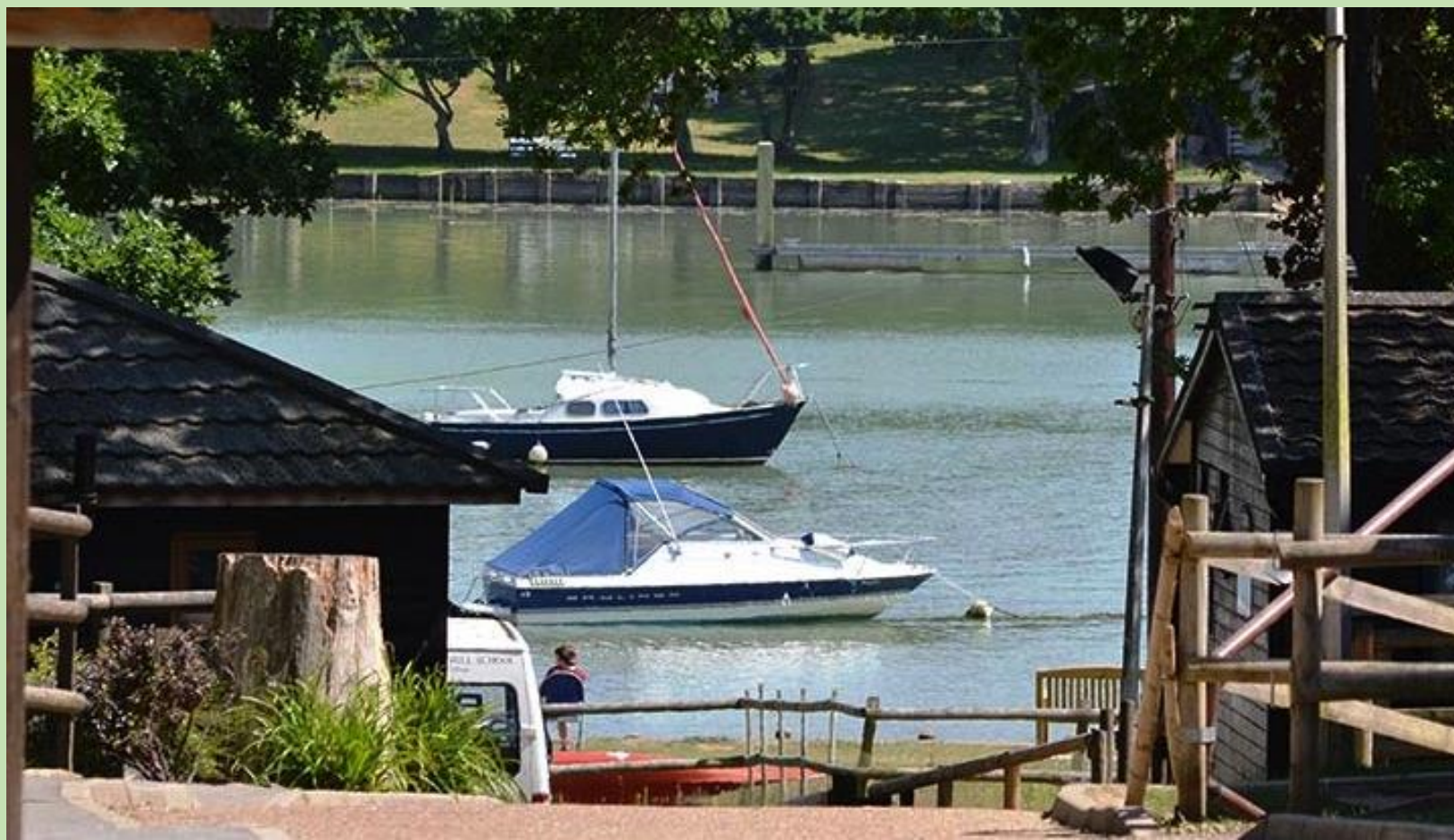


Year 6 PGL trip



Little Canada – Isle of Wight

Monday 22nd April – Friday 26th April 2024





Year 6 PGL trip



Activities for the trip:

Archery
Trapeze
Climbing
The Giant Swing
Survivor
Matrix
Kayaking
Zip wire
Fencing
Laser tag
Jacob's ladder
Sensory trail
Abseiling

Giant Swing



Sensory Trail



Survivor



Jacob's Ladder



Trapeze





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Evening activities:

- Balloon Splash
 - Cluedo
 - Silent Disco
- PGL Tournament



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Monday times:



	Group	Meeting Point	Group Leader	Session 1 8:45 - 10:15	Session 2 10:20 - 11:50	Session 3 14:10 - 15:40	Session 4 15:45 - 17:15	Evening 19:30 - 20:30
Monday	1				Arrive on Centre	Climbing (CL1)	Archery (A1)	Balloon Splash (BSP-AZ)
	2				Arrive on Centre	Archery (A1)	Climbing (CL1)	Balloon Splash (BSP-AZ)
	3				Arrive on Centre	Climbing (CL2)	Archery (A2)	Balloon Splash (BSP-AZ)
	4				Arrive on Centre	Archery (A2)	Climbing (CL2)	Balloon Splash (BSP-AZ)
	5				Arrive on Centre	Giant Swing (GS1)	Survivor (SU1)	Balloon Splash (BSP-AZ)
	6				Arrive on Centre	Survivor (SU1)	Giant Swing (GS1)	Balloon Splash (BSP-AZ)
	7				Arrive on Centre	Giant Swing (GS2)	Survivor (SU2)	Balloon Splash (BSP-SH)
	8				Arrive on Centre	Survivor (SU2)	Giant Swing (GS2)	Balloon Splash (BSP-SH)
	9				Arrive on Centre	Trapeze (TR1)	Matrix (MA1A)	Balloon Splash (BSP-SH)
	10				Arrive on Centre	Matrix (MA1A)	Trapeze (TR1)	Balloon Splash (BSP-SH)
	11				Arrive on Centre	Trapeze (TR3)	Matrix (MA1B)	Balloon Splash (BSP-SH)
	12				Arrive on Centre	Matrix (MA1B)	Trapeze (TR3)	Balloon Splash (BSP-SH)

Dinner and free time



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A sample day:



	Group	Meeting Point	Group Leader	Session 1 9:00 - 10:30	Session 2 10:35 - 12:05	Session 3 14:10 - 15:40	Session 4 15:50 - 17:20	Evening 19:30 - 20:30
Wednesday	1			Abseiling (AB1)	Sensory Trail (ST1)	Jacob's Ladder (JL1)	Laser Tag (LT1)	Silent Disco (SD-AZ)
	2			Sensory Trail (ST1)	Abseiling (AB1)	Laser Tag (LT1)	Jacob's Ladder (JL1)	Silent Disco (SD-AZ)
	3			Abseiling (AB2)	Sensory Trail (ST2)	Jacob's Ladder (JL2)	Laser Tag (LT1)	Silent Disco (SD-AZ)
	4			Sensory Trail (ST2)	Abseiling (AB2)	Laser Tag (LT1)	Jacob's Ladder (JL2)	Silent Disco (SD-AZ)
	5			Kayaking (K1)	Kayaking (K1)	Abseiling (AB1)	Sensory Trail (ST1)	Silent Disco (SD-AZ)
	6			Kayaking (K2)	Kayaking (K2)	Sensory Trail (ST1)	Abseiling (AB1)	Silent Disco (SD-AZ)
	7			Kayaking (K3)	Kayaking (K3)	Abseiling (AB2)	Sensory Trail (ST2)	Silent Disco (SD-AZ)
	8			Kayaking (K4)	Kayaking (K4)	Sensory Trail (ST2)	Abseiling (AB2)	Silent Disco (SD-AZ)
	9			Jacob's Ladder (JL1)	Laser Tag (LT1)	Kayaking (K1)	Kayaking (K1)	Silent Disco (SD-AZ)
	10			Laser Tag (LT1)	Jacob's Ladder (JL1)	Kayaking (K2)	Kayaking (K2)	Silent Disco (SD-AZ)
	11			Jacob's Ladder (JL2)	Laser Tag (LT1)	Kayaking (K3)	Kayaking (K3)	Silent Disco (SD-AZ)
	12			Laser Tag (LT1)	Jacob's Ladder (JL2)	Kayaking (K4)	Kayaking (K4)	Silent Disco (SD-AZ)

Your child will be given a timetable and will need to read this, where possible

Meal times to be confirmed



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Accommodation:



- Children will be in rooms between the sizes 6 and 8 with bunk beds.
 - Rooms will have an ensuite bathroom
 - Children will be told their rooms on the coach on the way to PGL
- We have almost finalised rooms, following the children's room requests and these can now not be changed
 - Staff bedrooms are located in all areas of accommodation.
- Your child will have a Ravenscote member of staff in charge of their room all week: waking them up, ensuring they're asleep, check ins with them and encouraging tidy rooms





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Groupings:

- Children's rooms will usually make their activity groups – we will combine a girls and a boys room to make a group. Occasionally rooms are split.
- Each group will have at least one member of Ravenscote staff as well as a PGL member of staff.



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Meals:



We all eat breakfast, lunch and dinner together in what can only be described as an all-inclusive buffet!

PGL will be made aware of all allergy and dietary requirements. There is clear signage explaining what is in the food. Ravenscote staff will support children to make sure they are making the right choices.

Everyone is fully catered for.





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A sample breakfast:

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bacon	Sausages	Bacon	Bacon
Baked Beans (ve)	Baked Beans (ve)	Baked Beans (ve)	Baked Beans (ve)
Quorn™ Vegan Cumberland (ve)	Quorn™ Vegan Cumberland (ve)	Quorn™ Vegan Cumberland (ve)	Quorn™ Vegan Cumberland (ve)
Hash Browns (ve)	Hash Browns (ve)	Hash Browns (ve)	Hash Browns (ve)
Fresh Mushrooms (ve)	Fresh Mushrooms (ve)	Fresh Mushrooms (ve)	Fresh Mushrooms (ve)



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A sample lunch:

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Jacket Potato (ve)

Served with your choice of: Grated Mild Cheddar (v), Baked Beans (ve) or Tuna Mayo

Homemade Chilli Non-Carne (ve)

Served with White Rice (ve)

Battered Chicken Chunks

Vegetable Nuggets (ve)

Served with: Potato Wedges (ve), Peas (ve), Sweetcorn (ve), Sweet Chilli Sauce (ve)

Homemade Beef Bolognese

Homemade Vegetable Ratatouille (ve)

Served with Penne Pasta (ve), Garlic Bread (v), Grated mild cheddar (v)

Monday: The children will bring a packed lunch

Friday: The children will be provided with a packed lunch to eat on the coach.



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A sample dinner:

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

DINNER

Chicken Katsu Curry

Homemade Beef
Lasagne

Vegetable Lasagne (ve)

Sides: Garlic Bread (v), Rice (ve),
Garden Peas (ve), Fresh Broccoli
(ve)

Fish Fingers

Hunters Chicken

Shepherdless Pie (ve)

Sides: Round Chips(ve), Baby
Carrots (ve), Whole Green Beans
(ve)

Chicken Curry

Baked Cheesy Meatballs

Vegetable Curry (ve)

Sides: Rice (ve), Penne Pasta (ve),
Mixed Vegetables (ve)

PGL's Sausage Pasta
Bake

Chicken Kiev**

Homemade Sausage &
Bean Casserole (ve)

Sides: Mashed Potato (v), Fresh
Broccoli (ve), Baby Carrots (ve)

Homebaked Iced Sponge
Cake (v)

Chocolate Muffin (v)

Jam Doughnuts (v)

Homebaked Chocolate
Sponge (v) & Chocolate
Custard (v)



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Pocket money:

Your child has the option of bringing **£5.00** pocket money, in a **named wallet/purse** to spend in the shop. We will collect this in ahead of the trip to ensure every child has the same amount of money to spend (please wait for communication for when to do this). The children can go to the shop during their free time (in allocated slots) as part of developing their independence to buy souvenirs.



Year 6 PGL trip



General packing:

- On the day of travel we ask that your child wears their leavers' hoodie which is included in the price of the trip. This will be given to them before the trip.
- Children should not wear anything during the trip that they don't want to get dirty – we start activities as soon as we arrive!
- Luggage - one reasonably sized suitcase/holdall that your child can carry and lift.
- Valuables - any cameras and/or valuable items must be **labelled** and are the responsibility of the child.



Packing list:

(This will also be sent via a letter soon)



Packed lunch for the Monday (**with a water bottle in a rucksack/separate bag**)

One bath towel

- Toiletries bag
- Socks and underwear
- Swimwear for water activities
- T-shirts: please note that lots of activities require **long sleeves**
 - Leavers' hoodie plus one/two other jumpers
 - Trousers (leggings, jeans and/or tracksuit bottoms)
 - Clothes for the disco – one outfit!
 - Waterproof jacket
 - Wellington boots (if the weather is really looking wet)
- Two pairs of trainers (one old pair and one for indoors)
 - Large plastic bag for dirty clothes
 - Hat and sunscreen (in case!)
- Wet shoes or old shoes for the water (optional) - **lots of children wore their trainers into the sea last year and got very wet feet and the shoes took a long time to dry!**

**Do not bring: Mobile phones, expensive cameras, electronics,
expensive/favourite clothing or shoes, sweets**



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Medication:

If your child will require medication during the trip, an administration of medication form will need to be completed. This will be communicated with you before Easter. **On Thursday 18th April at 8:30am** there will be a designated morning for bringing in any medication; it ***must not be brought on the morning of the trip.***

Medication must be given in its original packaging – at least the foil packaging with the name of the medicine on it (ideally it will be in the original box)

Outbound travel sickness medication should be given at home on the Monday morning, depending on the time needed prior to travel. The medication for the return journey must be given in on the Thursday morning, along with a form.

There will be a Google form sent to you prior to the Easter holidays with a Google form: this is to give consent for us to administer calpol or piriton when we are away should it be required. Without written consent, we cannot give this.



Year 6 PGL trip



Key information:

- We will be departing Ravenscote at 9:00am on Monday. **Children to arrive in school between 8:20 and 8:30.** We do ask that you leave the school grounds after dropping your child off.
- Children will leave PGL at 10:30am on the Friday. **We expect to— children can be collected at the normal pick up time.** We will communicate with you if we are delayed.
- Travel by coach We will spend about an hour on the ferry crossing, enjoying the views!
- You will need to **provide a packed lunch for the Monday** - children will eat their packed lunch upon arrival at PGL.



Year 6 PGL trip



- If you have any questions, please email me at info@ravenscote.surrey.sch.uk