

Ravenscote Junior School Long Term Plan – PSHE 2023-2024



National curriculums lessons Optional extra lessons

	Autumn	Spring	Summer
Year 3	Being me in my world	Dreams & goals	Relationships
	Celebrating difference	Healthy me	Changing me
	Road Safety Wellbeing adults	Healthy teeth & gums	
Year 4	Being me in my world	Dreams & goals	Relationships
	Celebrating difference	Healthy me	Changing me
	Wellbeing adults		Water Safety
Year 5	Being me in my world	Dreams & goals	Relationships
	Celebrating difference	Healthy me	Changing me
	Fireworks Wellbeing adults		
Year 6	Being me in my world	Dreams & goals	Relationships
	Celebrating difference	Healthy me	Changing me
	Wellbeing adults		