



**FAMILY
LEARNING**

First Steps to Understanding my Child (ADHD, Autism and Neurodivergent) Course



This **FREE** three-week course for parents and carers is delivered online in 2 hour sessions. The course is suitable for parents of children with a diagnosis or those awaiting assessment.

What will I learn?

- Develop an understanding of terms, key features and behaviour of neurodiversity
- Apply techniques for understanding a child's profile and behaviour
- Develop language and skills for recording information to present to schools and professionals

For course dates, more information and to book your place please click on [this link](#) or scan the QR code

Course also available for practical cooking ideas for neurodivergent children and a workshop to support the language of neurodivergence for English as an additional language (EAL) parents



**SURREY
ADULT
LEARNING**

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**SURREY
COUNTY COUNCIL**