



# Ravenscote Junior School

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## #HELLOYELLOW

Wednesday 4<sup>th</sup> October 2023

Dear Parents/carers,

On Tuesday 10<sup>th</sup> October it is World Mental Health Day and we are going to be celebrating 'Hello Yellow Day'. This is a day created by Young Minds to stand out and show up for young people's mental health, something which we greatly value here at Ravenscote.

We are asking that children and staff come to school wearing yellow instead of their usual uniform for this day – this can be yellow outfits or accessories, no need to buy something new.

We are not asking for donations but if you choose to donate, you can do so in your own way. The funds raised from #HelloYellow ensure their vision 'to create a world where no young person feels alone with their mental health' becomes reality.

For more information on the day itself and the organisation behind it:

<https://www.youngminds.org.uk/support-us/fundraising/helloyellow/>

The children will go about their usual day; however, they will engage in discussion and assemblies based around the topic of mental health to further raise awareness.

We hope you will help support this great cause and we look forward to our purple school turning yellow for one day only.

Kind regards,  
Miss Passfield  
PSHE Subject Leader



**YOUNGmINDS**  
fighting for young people's mental health

