



Ravenscote Junior School Early Help Offer

What is Early Help?

Early help is support given to a child or family when a problem first emerges. It can be provided at any stage in a child or young person's life but the main focus always remains the same: improving outcomes for children and preventing situations from escalating or further problems arising.

Early help can provide children with the support needed to reach their full potential as well as improve the quality of a child's home and family life, thereby enabling them to perform better at school and support their mental health.

Research suggests that early help can:

- protect children from harm
- reduce the need for a referral to children and family services
- improve children's long-term outcomes

What does Early Help include?

Support for pupils which includes:

- Promoting good attendance and punctuality.
- Promoting self-esteem and confidence.
- Promoting positive behaviour and positive attitudes to learning.
- Providing individualised support.

Support for families which includes:

- Providing information and signposting to other services in the local area.
- Liaising with a range of external services such as housing and Family Support Workers.
- Assistance in completing paperwork and forms e.g. housing, foodbank vouchers, attendance and support at school and other agency meetings.
- Advice and support in promoting positive behaviour at home.
- Guidance with career and personal development and access to training and workshops in school.

Our Early Help Offer

At Ravenscote Junior School, we understand that family life can sometimes be difficult and complicated. From time to time there may be situations where you need extra help and support. We are deeply committed to ensuring that all concerns, no matter how small, are listened to and supported effectively, maximising the chances of effectively safeguarding all of our children thereby enabling them to thrive.





The following list, although not exhaustive, indicates the type of Early Help support available:

- Well-being Adults
- Meetings with your child's class teacher, this may be about progress, behaviour, attendance or any additional concerns
- Behaviour Plans
- Regular check-ins with Mrs Morgan (Family Link Worker)
- Signposting parents to the support on the school website
- Signposting parents to external agencies we can provide additional support
- Lunchtime Club
- Time with Margot (RJS School Dog)
- Zones of regulation toolkit in handbooks
- Zones of Regulation Group
- Reading with Bailey (Pets as Therapy Dog)
- Resilience Group
- Drawing and Talking
- Nurture Group
- ELSA programme of support
- Directory of referral contacts
- Referral to Surrey Heath Family Centre
- Family Support Service referrals
- Referrals to Children's Services
- Visits, advice and consultations with the School Nurse
- Visits, advice and consultations with an Educational Psychologist
- Referrals to NHS Speech and Language, Occupational Therapy and Physiotherapists
- Referrals to CAMHS (Children, Adolescent Mental Health Service)
- Visits with CAMHS Mental Health School Team
- Food bank vouchers/referrals

If you would like any further information about our Early Help Offer, or feel like your child might benefit from support, please do contact either Mrs Nicholson (DSL) or Mrs Morgan (Family Link Worker) through the school office – info@ravenscote.surrey.sch.uk

